

8th Middle East Congress on Clinical Nutrition
29 – 31 March 2019
Marrakesh, Morocco

PROGRAM AGENDA
(Subjected to changes)

Friday, March 29, 2019		
TIME	EVENT	FACULTY
11:00 am – 6:00 pm	REGISTRATION	
2:00 – 3:00 pm	Pre-Conference Workshop - A Insulin Resistance and Body Weight Raffaella Buzzetti Italy	
3.00 -4.00pm	Pre-Conference Workshop - B Lifestyle Barriers Speakers: Monira AlArouj, Kuwait Abdullah Ben Nakhi , Kuwait	
4:00 – 6:00pm	EXHIBIT HALL OPENING	
4:30 – 6:30 pm	Opening Session: Keynote Lectures	
4.10 pm	Welcome remarks	Mahmoud Ibrahim Amy Fischl
4:30 – 5:00	Opening Keynote , Diet and Heart Failure	Eberhard Standl , Germany
5:00 – 5:30	USDA Recommendations (current status	Amy Fischl, USA
5:30 - 6:00	Food and Kidney (Protein and Salt controversy)	Abraham Thomas, USA
6:00 – 6:30	Macronutrients and Weight loss	Paolo Pozzilli Italy
7:00 – 8:00 pm	WELCOME RECEPTION	

Saturday, March 30, 2019	
TIME	EVENT
7:30am – 11:00 am	REGISTRATION
8:00 – 9:00	Workshop : Behavioral Weight Loss Interventions
9:30 – 11:00 am	Symposium 1 : Diet Composition and Obesity
9:30	Baltic Diet <i>Peter Gaede, Denmark</i>
9:50	Protein
10:10	Carbohydrates <i>Bjorn Richlesen, Denmark</i>
10.30	Fruits and vegetables
10.50	Discussion
11:00 – 11.30	BREAK – VISIT EXHIBIT HALL , posters
11:30 – 12:00 pm	State of the Art Lecture Global Status of Diabetes Prevention , the role of Nutrition <i>Mahmoud Ibrahim , USA</i>
12:00 – 1:30 PM	Symposium 2: Child Nutrition and Feeding
12:00	Neonatal feeding
12:20	Food supplements in Infancy
12:40	Feeding during infant gastroenteritis
1:00	Food allergy in infants
1:20	Discussion
1:30 – 2:30 pm	LUNCH BREAK , Visit the Posters and Exhibit
2:30 – 4:00 pm	Workshop : Individual calculation of caloric intake <i>Amy Fischl, USA</i>

Sunday, March 31, 2019

TIME	EVENT	FACULTY
8.15 – 9.15	DEBATE SESSION Diet or Exercise, which comes first? • Diet • Exercise	Amy Fischl, USA Mahmoud Ibrahim, USA
9:30 – 11:00 am	Symposium 3: Issues in Clinical Nutrition II Oral Session 1	
9:30	Diet , brain health and cognitive functions <i>Doaa Zakaria, Egypt</i>	
9.50	Nutrition and Immunology <i>Manon Khazrai , Italy</i>	
10.10	Diet and Cancer	
10.30	Does it matter which fiber?	
10:50	Discussion	
11:00 – 11.30	BREAK – VISIT EXHIBIT HALL , Posters	
11:30 – 12:30 pm	Workshop: Healthy Cooking <i>Manon Khazrai , Italy</i>	
Cooking Instructions , The use of Olive oil , Spices , food additives and Macronutrients		
12.40 1.00	Updates on Probiotics	
1:00 – 2:00	LUNCH , visit Exhibit and Posters	
2:00 – 4:00 pm	Symposium 4: Childhood Obesity Oral Session 2	
2:00-2:20	Genetics of Childhood Obesity <i>David Leslie , UK</i>	
2:20-2:40	Physical Activity	
2:40-3:00	Role of Schools	
3:00-3:20	Management of Childhood Obesity	
3:20-3:40	Is there a role for Bariatric Surgery ?	
3.40 – 4.00	Discussion	

4:00 – 4:30

Closing Lecture : Diet , Diabetes and the Heart
Bjorn Richlesen, Denmark

4:30 Adjourn

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4:30 Adjourn	